

# TREKING

## *In Val di Cornia*

## PLAN YOUR HIKING TOURS WITH US!



### Day 1

#### **Arrival, check-in.**

Welcome Aperitivo and tour presentation.  
Dinner at our on-site restaurant.



### Day 2

#### **Ring route: Calamoresca, Buca delle Fate, Populonia and Baratti - "The Etruscan coast" (20km).**

Starting point from Salvapiano to Calamoresca/Salivoli.  
Medium-low difficulty walk along the coastal path passing by the famous cove of Buca delle Fate, reaching the Populonia Archaeological Park. An impressive walk alongside many beaches and bays.

Packed lunch, before moving on to the Gulf of Baratti.

The return route passes through the hinterland, touching other points of interest, such as the Monastery of San Quirico.  
Drive back to Salvapiano and dinner at our restaurant.



### Day 3

#### **Ring route: Campiglia Marittima, Suvereto, wine tasting in Montesolaio (12km).**

Easy ring route, leaving from Suvereto after a visit to the medieval borgo; here we recommend a short stop to the fortress to enjoy a breathtaking view on the valley.

Next stop is Campiglia Marittima, with a quick lunch break. Visit to the borgo with its Fortress within the archaeological park.

Last but not least, our Montesolaio Winery for a Tuscan style wine tasting.

Return by coach to Salvapiano and Dinner at our Restaurant.





## Day 4

### **Fumarole and Biancane parks, an itinerary through Dante's landscapes.**

Starting point from the Biancane geomuseum in Monterotondo Marittimo. You will plunge into a surreal scenery of geothermal phenomena, the so-called "Fumarole": steam jets, bubbling pools, water springs and the "Biancane" rocks. This landscape apparently inspired Dante when describing the gates to Hell.

This route passes through a beautiful chestnut grove, the church of San Bartolomeo and the small village of Sasso Pisano.

Return to Salvapiano and dinner at our Restaurant.



## Day 5

### **From Scarlino to Cala Violina beach (10km).**

Departure from Marina di Scarlino. Easy coastal route passing through the agricultural forest complex of Scarlino; near Cala Martina you can admire a monument to Garibaldi, who sailed from this beach to escape the papal guards.

You will arrive at Calaviolina, a unique paradise with fine sand, crystal clear sea and characterized by a very rich biodiversity. Packed lunch in the picnic area.

Return to Scarlino towards Salvapiano for dinner.



## Day 6

### **Ring route: Montioni Park and Poggio Saracino (17km).**

Departure from Montioni, near Piombino. This route of natural and historical interest runs through the Mediterranean bush, rich in fauna and flora, to reach Poggio Saracino, skirting the 1400s alum quarries. At this last stop you can have a glimpse of Napoleon's sister Elena Baciocchi Bonaparte's residence, as well as a memorial stele in her honor.

Return to Salvapiano and dinner at the restaurant.



## Day 7

### **Breakfast and Check-out.**

All guests are welcome to stay at the Resort as long as they wish and enjoy our facilities (pool, restaurant).



**BOOK NOW!**



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<https://www.salvapiano.com/>

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